



Making Sense of People: Decoding the Mysteries of Personality (FT Press Science)

By Barondes, Samuel

FT Press, 2011. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Every day, we evaluate the people around us: It's one of the most important things we ever do. Making Sense of People provides the scientific frameworks and tools we need to improve our intuition, and assess people more consciously, systematically, and effectively. Leading neuroscientist Samuel H. Barondes explains the research behind each standard personality category: extraversion, agreeableness, conscientiousness, neuroticism, and openness. He shows readers how to use these traits and assessments to do a better job of deciding who they'll enjoy spending time with, whom to trust, and whom to keep at a distance. Barondes explains: What neuroscience and psychological research can tell us about how personality types develop and cohere. The intertwined roles of genes, nurture, and education in personality development. How to recognize troublesome personality patterns such as narcissism, sociopathy, and paranoia. How much a child's behavior predicts their adult personality, and how personality stabilizes in young adulthood. How to assess integrity, fairness, wisdom, and other traits related to morality. What genetic testing may (or may not) teach us about personality in the future. General strategies for getting along with people,...



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