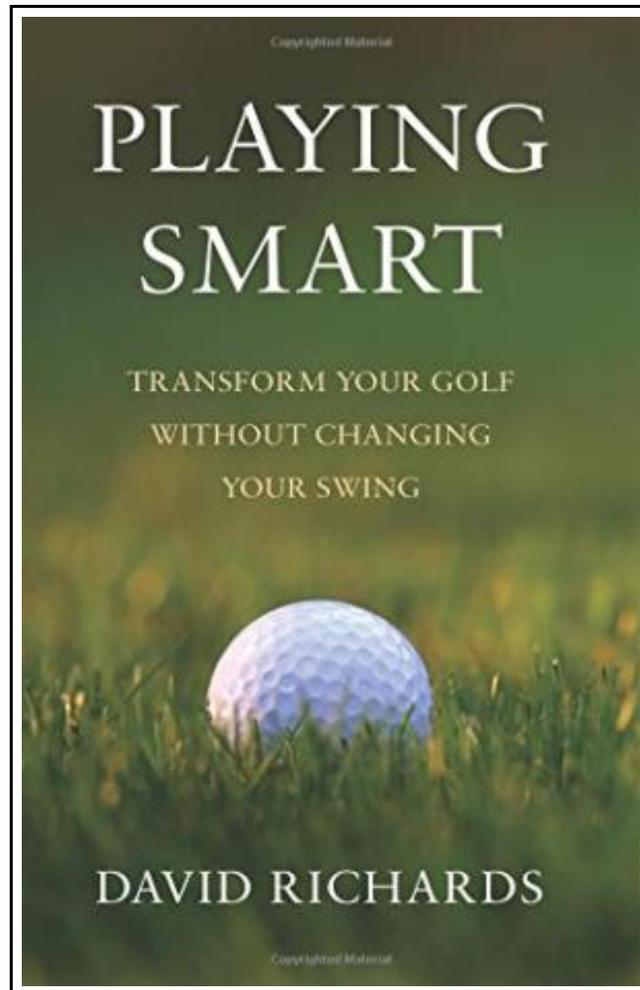


Playing Smart: Transform Your Golf Without Changing Your Swing



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PLAYING SMART: TRANSFORM YOUR GOLF WITHOUT CHANGING YOUR SWING



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Troubador Publishing. Paperback. Book Condition: new. BRAND NEW, Playing Smart: Transform Your Golf Without Changing Your Swing, David Richards, Amongst regular golfers of the same raw ability, some repeatedly out-perform others. These players consistently score better than the quality of their ball-striking, the accuracy of their short games and their putting skills. Why? These golfers are playing smart. They make better decisions and fewer mistakes than those with similar skills. They assess the challenge of each shot and reach sound conclusions. They prepare well and do everything possible to ensure a good outcome. They focus on reducing the number of shots per round. They use their minds to get ahead. Playing Smart explains what this means in practice. David Richards sets out the principles that smart golfers use to get an edge. He examines every area of the game: on the tee, from the fairway, in trouble, around the green, and on the putting surface. He shows how to analyse your play and single-out the non-swing related problems that repeatedly cost shots. He also discusses the key factors that contribute to accuracy and consistency, and explains how good preparation, 'routine', and a rational attitude all contribute to better and more enjoyable golf. Playing Smart offers something to players of every ability. All golfers will be able to see clearly how they measure up against a 'smart golfer'. Better standard players can check where there is still room for improvement. And beginners should be able to put sound principles in place at an early stage.



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