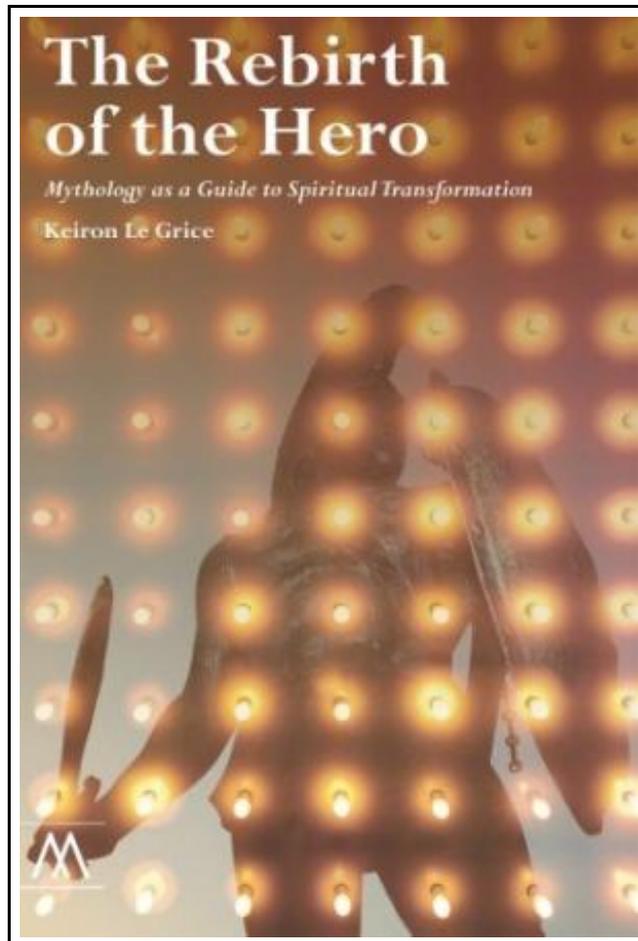


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(Prof. Maya Hand)

THE REBIRTH OF THE HERO: MYTHOLOGY AS A GUIDE TO SPIRITUAL TRANSFORMATION



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Muswell Hill Press. Paperback. Book Condition: new. BRAND NEW, The Rebirth of the Hero: Mythology as a Guide to Spiritual Transformation, Keiron Le Grice, The portrayal of the hero in classical myths and modern films continues to exert a compelling influence on the collective imagination, entertaining and inspiring audiences the world over. On a deeper level, the myth of the hero's adventure is recognized as a fundamental pattern of human experience itself, a symbolic expression of the individual's struggle for greater consciousness, psychological wholeness, and spiritual realization. About the book In The Rebirth of the Hero, Keiron Le Grice draws on the ideas and life experiences of C. G. Jung, Joseph Campbell, and Friedrich Nietzsche to explore the spiritual journey of the modern self, from existential crisis and the "awakening of the self" to the dramatic encounter with the underworld of the psyche and the arduous labor of spiritual transformation. In a work of wide-ranging scope and penetrating insight, Le Grice analyzes scenes from a number of popular films - Jason and the Argonauts, Star Wars, The Lord of the Rings, Pan's Labyrinth, and more - to illuminate the themes and stages of psychospiritual rebirth and individuation, helping to make the deepest of transformative experiences more readily accessible and intelligible to us all. Drawing interchangeably on classical Greek myths, Christianity, alchemy, Romanticism, and depth psychology, the author also relates the individual's personal journey of transformation to the relationship in Western civilization between spirit and nature, reason and instinct, and masculine and feminine. In so doing, The Rebirth of the Hero demonstrates the critical significance of the archetypal pattern of the hero not only for the individual, but also for cultural renewal and the wider spiritual transformation of our time.

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