



Make-Ahead Mix Day: Complete Recipes and Instructions for On-Hand Homemade Quick Mixes

By Mrs Mary Ellen Ward

Createspace, United States, 2013. Paperback. Book Condition: New. 224 x 142 mm. Language: English . Brand New Book ***** Print on Demand *****.Ready to eat better? Ready to recognize your food again? Like to know exactly what you re putting into your body, and the bodies of your loved ones? How about adding some convenience and affordability to your life in the bargain? Make Ahead Mix Day is an outline of all you need to prepare a pantry full of baking mixes and convenient instant oatmeal mixes to have on hand regularly and reliably, laid out in an easy-read, easy-to-use format. This quick reference was designed to help you speed through the task of stocking your pantry with wholesome fare; fare in which you maintain total control over the type and quality of the ingredients that you use, and which minimizes your family s exposure to unnecessary chemicals and preservatives. Examples of mix recipes include a variety of cookie mix recipes, brownies, cake mix, muffin mix recipes, as well as a homemade Bisquick(r) all-purpose baking mix and three flavor varieties of homemade instant oatmeal mix. The recipes in this book have been specifically modified to fit into one- and two-quart...



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