



## A Woman s Guide to Regaining Bladder Control: Everything You Need to Know for the Diagnosis and Cure of Incontinence

By E.S. Rovner, Alan J. Wein, Donna Caruso

ROWMAN LITTLEFIELD, United States, 2004. Paperback. Book Condition: New. 219 x 147 mm. Language: English . Brand New Book. If you are one of the nearly 15 million women who suffer from incontinence, you no longer need to suffer in silence. Doctors Eric Rovner and Alan Wein, internationally known and respected urologists, tell you what you need to know to get this problem under control and reclaim a life free of the fear of having an accident in public. Because incontinence can be caused or aggravated by many different things, including medications, childbirth, hysterectomy, stress, bladder infections, fibroids, oestrogen loss, or diabetes, women of all ages are vulnerable. This practical and comprehensive guide explains all aspects of this problem, including the tests used to diagnose the various types of incontinence and the treatments, medications, recommended for each. There is also information to aid you in finding the right doctor, tips on how to best prepare for your first visit, and suggestions on what questions to ask. You ll also find detailed instructions for exercises and other self-help techniques, lists of helpful products and devices you can obtain without a prescription, and advice on locating a support group to help you...



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*It is really an remarkable publication i actually have possibly study. It usually is not going to cost excessive. Its been written in an exceedingly basic way and is particularly only right after i finished reading this publication through which basically transformed me, affect the way i think.*  
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