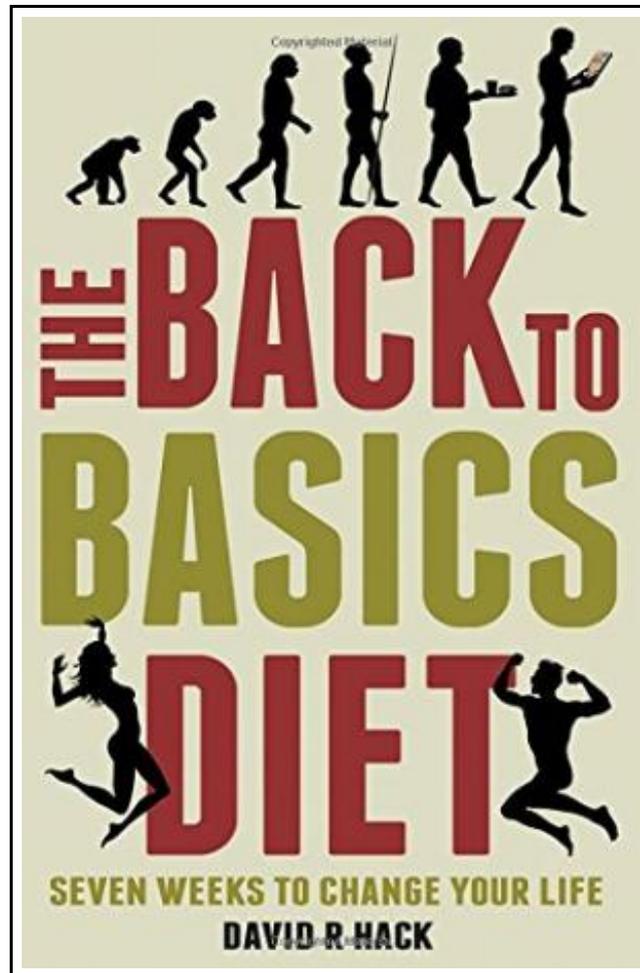


## The Back to Basics Diet: Seven Weeks to Change Your Life



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