



Instructions for a Broken Heart

By Kim Culbertson

Sourcebooks Fire. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 8.2in. x 5.5in. x 0.8in. Top 20 Reasons Hes a Slimy Jerk Bastard Jessa: To help you get over your train wreck EX, Ive enclosed 20 envelopes. Each one has a reason why Sean is a jerk and not worth the dirt on your shoes. And each one has an instruction for you to do one un-Jessa-like thing a day. NO CHEATING! Ciao! -C When Jessa catches her boyfriend, Sean, making out with Natalie the Boob Job Stone three days before their drama clubs departure to Italy, she completely freaks. Stuck with a front-row view of Sean and Natalie making out against the backdrop of a country that oozes romance, Jessa promises to follow all of the outrageous instructions in her best friends care package and open her heart to new experiences. Enter cute Italian boy stage left. Jessa had prepared to play the role of humiliated ex-girlfriend, but with Carissa directing her life from afar, its finally time to take a shot at being a star. Instructions for a Broken Heart transported me-to Italy, back to high school, to the wrench and ache of a first breakup and the exhilaration...



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