



The Kohut Seminars: On Self Psychology and Psychotherapy with Adolescents and Young Adults

By Heinz Kohut

W. W. Norton & Company. Paperback. Book Condition: New. Paperback. 336 pages. Dimensions: 8.9in. x 6.0in. x 1.1in. The Kohut Seminars is an edited transcript of a series of seminars from the early 1970s for the Student Mental Health Clinic at the University of Chicago. The book is divided into two sections: the theory of self psychology and case presentations prepared by the clinic staff and Kohut's discussion of the material presented. Heinz Kohut's theories have had a tremendous influence on our thinking about the development of the self. This book highlights the clinical application of those theories. The seminars, focusing on treatment of late adolescents and young adults in a university setting, provide the reader with an unparalleled opportunity to study the spontaneous workings of Kohut's mind as he moved from clinical experience to theory and then back to clinical experiences. After the initial chapters on the theory of self psychology, each chapter opens with a case presentation by one of the seminar participants; these cases provide the basis for Kohut's discussion of clinical issues. Reading Kohut's immediate and yet consistently thoughtful reactions to the case presentations, one can trace the emergence of basic concepts of self psychology. In particular,...

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