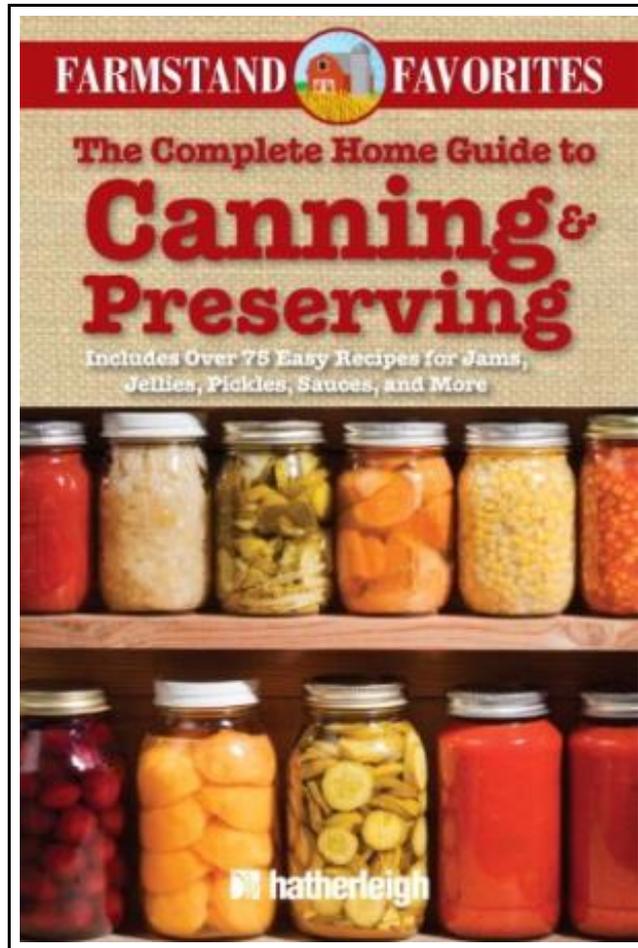


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Hatherleigh Press,U.S., United States, 2012. Paperback. Book Condition: New. 206 x 140 mm. Language: English . Brand New Book. A complete how-to guide on preserving the fruits and vegetables you find at your local farmers markets, farmstands, or in your very own backyard garden. From jams and jellies, to sauces, salsas and pickles, there are many great ways to preserve the freshness and flavor of your farmstand favorites long after the season is done. You will discover techniques tools and tips as well as 75 popular recipes for canning and preserving foods at home. An essential book for all kitchens. A Simple and Fun Introduction to Canning and Preserving The Complete Home Guide to Canning Preserving is a step-by-step guide to making the most of your favorite foods from your local farmers market. You will find delicious ways to make your own jams, jellies, sauces, soups, pickles, salsas, and more. You will also learn about hot water bath canning and pressure canning, common canning tools, and tips on preparation and storage of your canned goods. The Complete Home Guide to Canning Preserving features easy-to-prepare recipes such as: Strawberry Jam Grape Jelly Cherry Preserves Garlic Dill Pickles Sauerkraut Corn Relish Apple Juice Ketchup Barbecue Sauce Beef Stew Lentil Soup With a trip to the farmers market and The Complete Home Guide to Canning Preserving, you can reap the benefits of local products that provide healthful nutrients and a connection to the earth and your community. Buy Local and Support Your Local Farmer and Farmers Markets The Farmstand Favorites series was created to encourage buying local and buying fresh. More than ever, we strive for a better understanding of where our food comes from, and for many of us this means shopping at a farmers market or farmstand. By supporting your local...

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