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My Life with Diabetes

By Jan De Vries

Mainstream Publishing, United Kingdom, 2003. Paperback. Book Condition: New. 194 x 130 mm. Language: English . Brand New Book. The ever-growing problems of diabetes and hypoglycaemia are addressed clearly in this long-awaited book by Jan de Vries, who is himself a diabetic. The renowned healer points the possible cause and misunderstandings of the condition and advises authoritatively on its management. MY LIFE WITH DIABETES discusses dietary management and the natural ways to approach diabetes. As the responsibility for the condition ultimately lies with the patient, this book will be of great value to those who are directly affected, as well as to the friends and families of diabetics, in helping them fully understand the facts relating to diabetes. The book succinctly assists diabetics in finding their way to better health and describes the many natural methods that can be used to control high and low blood sugar levels. It also guides patients who are involved in long-term treatment, indicating how they can overcome related problems using complementary methods. Offering a wealth of direct and uncomplicated advice, MY LIFE WITH DIABETES is an invaluable addition to an acclaimed series of health care titles by deVries.



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Reviews

I actually started looking over this publication. It really is rally interesting throug studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dana Hintz

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-- Elisa Reinger

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